

WEEKLY MENU

APRIL 6TH TO 10TH



MONDAY	MORNING SNACK		Yoghurt / Fruit and crackers	 
	LUNCH	SOUP	Vegetable cream	
		MAIN DISH	Stewed beef with pasta	  
		SIDES	Salad	
		VEG. DISH	Bean burger with pasta	
		DESSERT	Seasonal fruit (3 varieties)	
	AFTERNOON SNACK		Sandwiches with a variety of garnishes	 
TUESDAY	MORNING SNACK		Yoghurt / Fruit and crackers	 
	LUNCH	SOUP	"Saloia" soup	
		MAIN DISH	"Brás" style cod	 
		SIDES	Salad	
		VEG. DISH	"Brás" style leek	
		DESSERT	Seasonal fruit (3 varieties)	
	AFTERNOON SNACK		Sandwiches with a variety of garnishes	 
WEDNESDAY	MORNING SNACK		Yoghurt / Fruit and crackers	 
	LUNCH	SOUP	Spinach soup	
		MAIN DISH	Turkey steak with rice and beans	
		SIDES	Salad	
		VEG. DISH	Vegetable crêpes with rice and beans	
		DESSERT	Caramel pudding	
	AFTERNOON SNACK		Sandwiches with a variety of garnishes	 
THURSDAY	MORNING SNACK		Yoghurt / Fruit and crackers	 
	LUNCH	SOUP	Green bean soup	
		MAIN DISH	Salmon with penne pasta	 
		SIDES	Salad	
		VEG. DISH	Beetroot "meatballs" with pasta	
		DESSERT	Seasonal fruit (3 varieties)	
	AFTERNOON SNACK		Sandwiches with a variety of garnishes	 
FRIDAY	MORNING SNACK		Yoghurt / Fruit and crackers	 
	LUNCH	SOUP	Watercress soup	
		MAIN DISH	Oven-baked pork loin with potatoes	
		SIDES	Salad	
		VEG. DISH	Spinach croquettes with rice	 
		DESSERT	Seasonal fruit (3 varieties)	
	AFTERNOON SNACK		Sandwiches with a variety of garnishes	 