

WEEKLY MENU

FEBRUARY 16TH TO 20TH



GLUTEN

FISH

MILK

SHELLFISH

EGGS

NUTS

SESAME SEEDS

MOLLUSCS

CELERY

MUSTARD

SOYA

SULPHITES



MONDAY

SCHOOL IS
CLOSED

TUESDAY

WEDNESDAY

MORNING SNACK

Yoghurt / Fruit and crackers



LUNCH

SOUP

Green bean soup

MAIN DISH

Oven-baked redfish with potatoes



SIDES

Salad

VEG. DISH

Sautéed vegetables with potatoes

DESSERT

Gelatine

AFTERNOON SNACK

Sandwiches with a variety of garnishes



THURSDAY

MORNING SNACK

Yoghurt / Fruit and crackers



LUNCH

SOUP

Turnip greens soup

MAIN DISH

Beef rice pie

SIDES

Salad

VEG. DISH

Bean and quinoa "meatballs"

DESSERT

Seasonal fruit (3 varieties)

AFTERNOON SNACK

Sandwiches with a variety of garnishes



FRIDAY

MORNING SNACK

Yoghurt / Fruit and crackers



LUNCH

SOUP

Carrot cream

MAIN DISH

Black-eyed peas with potatoes, tuna and egg



SIDES

Salad

VEG. DISH

Vegetable burger with potatoes

DESSERT

Seasonal fruit (3 varieties)

AFTERNOON SNACK

Sandwiches with a variety of garnishes



The meal may contain the following substances or their derivatives: gluten, fish, milk, shellfish, eggs, nuts, sesame seeds, molluscs, celery, mustard, soya and sulphites. For people without allergies or intolerances, these ingredients are harmless. If you need more information about the ingredients, please ask the staff.